





# What is new in CKD treatment?

**DAVID HARRIS 7/11/20** 







# Post-ACEi doldrums....

# Treat to help slow decline in kidney function and reduce hypertension risk\*

- Lifestyle changes
  - Smoking cessation TO HEODOJOFNA (CIME)
  - Dietary salt restriction
  - Moderate alcohol consumption
  - Maintain BMI between 18.5 and 24.9 kg/m² through diet and exercise
  - Avoid more than two caffeinated drinks per day
- Blood pressure: assess and maintain blood pressure <130/80 mmHg with ACE inhibitor or ARB</li>

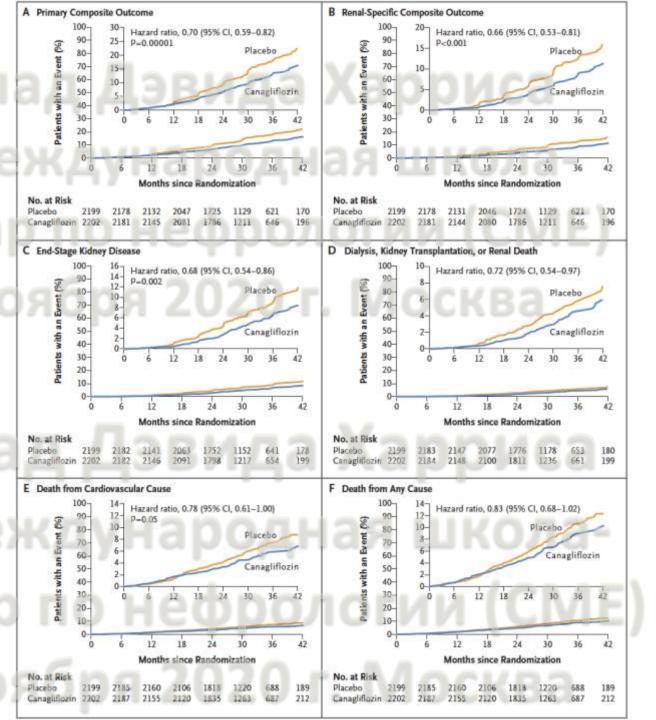
нар по нефрологии (СМЕ)

- Cholesterol: maintain total cholesterol level <4.0 mmol/L with diet and statin</li>
- Blood glucose (for patients with concurrent diabetes): aim for HbA<sub>1c</sub> <7.0%</li>
- Avoid nephrotoxic drugs and episodes of acute kidney injury



# CREDENCE NEJM 2019

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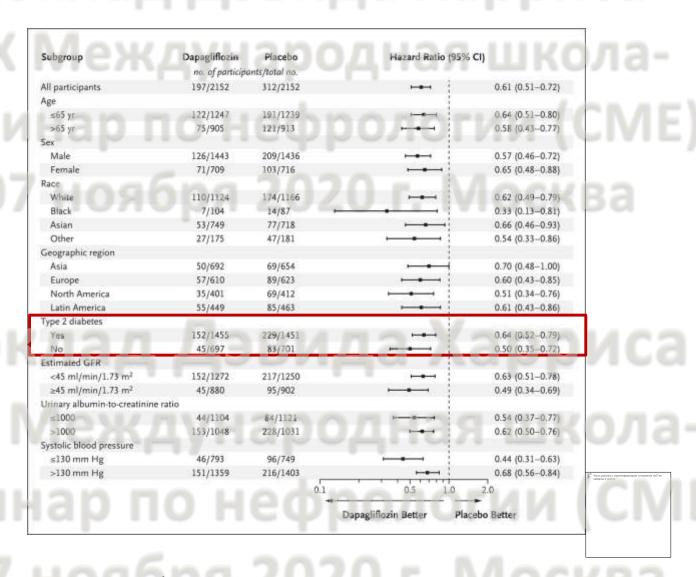


# Forest plot showing that the risk reduction of kidney outcomes with empagliflozin versus placebo is consistent across KDIGO risk categories.

	Empagliflozin	Placebo	Hazard ratio		rd ratio	P-value fo
ncident or worsening nephropathy	n with event/N	analyzed (%)	(95% CI)	(95)	% CI)	interactio
All patients	525/4124 (12.7)	388/2061 (18.8)	0.61 (0.53, 0.70)	Ci@4	A -	
KDIGO risk categories*		Vi		i		0.60
Low risk	78/2180 (3.6)	56/1086 (5.2)	0.67 (0.47, 0.94)			
Moderately increased risk	254/1323 (19.2)	187/655 (28.5)	0.58 (0.48, 0.70)		ΛĿ	
High risk	117/430 (27.2)	89/219 (40.6)	0.52 (0.40, 0.69)			
Very high risk	66/148 (44.6)	52/88 (59.1)	0.68 (0.47, 0.98)	<del>-  </del>	4	
Progression to macroalbuminuria						
All patients	459/4091 (11.2)	330/2033 (16.2)	0.62 (0.54, 0.72)	Ю	1	
KDIGO risk categories*				1		0.16
Low risk	69/2180 (3.2)	39/1086 (3.6)	0.86 (0.58, 1.27)	1		
Moderately increased risk	244/1323 (18.4)	179/655 (27.3)	0.58 (0.47, 0.70)	-		
High risk	94/415 (22.7)	75/209 (35.9)	0.49 (0.36, 0.66)			
Very high risk	45/130 (34.6)	33/70 (47.1)	0.64 (0.41, 1.01)	10 10 Hz	~ -	
oubling of serum creatinine,† initiat eplacement therapy, or death from k				PPN	60	
All patients	81/4645 (1.7)	71/2323 (3.1)	0.54 (0.40, 0.75)	-		
KDIGO risk categories*				IIIKO/	12	0.29
Low risk	13/2205 (0.6)	20/1094 (1.8)	0.31 (0.16, 0.63)			
Moderately increased risk	16/1334 (1.2) F was	17/671 (2.5)	0.46 (0.23, 0.91)			
High risk	25/704 (3.6)	15/356 (4.2)	0.74 (0.39, 1.41)			
Very high risk	24/352 (6.8)	19/186 (10.2)	0.64 (0.35, 1.17)			
			0.125	0.25 0.5	1	2 4
et al. CJASN 2020	ibna	2021	Fave	ors empagliflozin	Favo	ors placebo

Levin A et al. CJASN 2020 doi:10.2215/CJN.14901219

# Primary Outcome According to Prespecified Subgroups at Baseline



# Ongoing renal and cardiovascular outcome trials in Type 2 Diabetes

XIX Международная школа-

Trial Name	Treatment	Number of participants	Primary Outcome	Planned completion date
VERTIS CV	Ertugliflozin	8000	Cardiovascular	2019
Dapa HF	Dapagliflozin	4744	Heart Failure	2019
FIDELIO-DKD	Finerinone	5734	Renal	2020
Dapa_CKD	Dapagliflozin	4000	Renal	2020
EMPOROR	Empagliflozin	8850	Heart Failure	2020
DELIVER	Dapagliflozin	4700	Heart Failure	2021
FIGARO	Finerinone	7437	Cardiovascular	2021
SCORED	Sotagliflozin	10,500	Cardiovascular	2022
EMPA-Kidney	Empagliflozin	5000	Renal	2022
SOUL	Semaglutide	9642	Cardiovascular	2024
FLOW	Semaglutide	3160	Renal	2024

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семинар по нефрологии (СМЕ)

### **MECHANISMS** (not just lowering BSL)

SGLT2i: decr hyperfiltration (+ TGF), decr "tubular stress", natriuresis, lower BP

ологии (СМЕ)

да Харриса

GLP-1ra: anti-oxidant, anti-inflammation, anti-fibrotic

### **INDICATIONS (DM2)**

First-line: metformin + lifestyle

Second-line: + GLP-1ra or SGLT2i if CV disease

+ SGLT2i if CHF

#### RENOPROTECTION

SGLT2i: 30% ESKD RR (with/without RASi)

DPP4i: some reduction in albuminuria

**GLP-1ra:** some reports

#### **CV-PROTECTION**

SGLT2i >metformin, GLP-1ra, DPP4i

### PRECAUTIONS/ADVERSE EVENTS

Contraindicated if eGFR<30: metformin, SGLT2i

Adjust dose if eGFR <30: DPP4i (except linagliptin)

No hypoglycaemia or incr BWt (unlike insulin, sulphonylureas, thiazolodinediones)



### Recommendations for SGLT2i vs GLP-1 RA on the basis of kidney failure risk stratification

eGFR	UACR <30 mg/g	UACR 30-299 mg/g	UACR ≥300 mg/g					
>60 ml/min per 1.73 m²	SGLT2i or GLP-1 RA <sup>a</sup>	SGLT2i is preferred. GLP-1 RA as an alternative if SGLT2i is contraindicated or not tolerated, and as an add-on for uncontrolled metabolic risk <sup>5</sup>	SGLT2i should be initiated. GLP-1 RA as an add-on for uncontrolled metabolic risk°					
30–60 ml/min per 1.73 m²	SGLT2i is preferred. GLP-1 RA as an alternative if SGLT2i is contraindicated or not tolerated, and as an add-on for uncontrolled metabolic risk <sup>b</sup> SGLT2i should be initiated. GLP-1 RA as an add-on for uncontrolled metabolic risk <sup>c</sup>							
15–29 ml/min per 1.73 m²	GLP-1 RA (dulag/utide) is preferred. Initiation of SGLT2 is currently							

Li J et al. CJASN 2020;15

SGLT2I, soflurn glucose co-transporter 2 inhibitor; GLP-1 RA, glucagon-like poptide 1 receptor agonist; UACR, urinary albumin-to-creatinine ratio.

In patients with low kidney failure risk, SGLT2i and GLP1-RA are similar in preventing worsening albuminuria. Consider SGLT2i if patients have a
high risk for heart failure hospitalization. Consider GLP-1 RA if patients have uncontrolled metabolic risks.

In patients with moderate kidney failure risk and adequate eGFR >30 mi/min per 1.73 m², SGLT2i is preferred. Consider adding GLP-1 RA for



uncontrolled metabolic risks.

In patients with high kidney failure risk and adequate eGFR >30 ml/min per 1.73 m², SGLT2i is preferred. Consider adding GLP-1 RA for uncontrolled metabolic risks.

In patients with high kidney failure risk but eGFR is <30 ml/min per 1.73 m², GLP-1 RA (dulagitutide) is recommended for safer glycemic control and potential kidney protection. Currently, the data to support the use of SGLT2I for kidney failure prevention in eGFR <30 ml/min per 1.73 m² is lacking.

# <u> Доклад Дэвида Харриса</u>

Adverse Effects	Frequency	Severity	Mitigating Strategies
SGLT2i			
Genital fungal infection		Low	Keep genital area dry and clean. Prophylactic topical treatment for fungal infection in high-risk patients
Volume depletion	ib.II	Low	Proactive dose reduction of diuretics in euvolemic patients. Hold SGLT2i when patients have nausea, vomiting, or diarrhea. Implement "Sick day protocol"
UTI 07 L	096	Low	Use with caution. Avoid in patients at high risk of recurrent UTI  (e.g., indwelling foley catheter or self-catheterization)
DKA		High	Patient education on early recognition and implement "STOP DKA" protocol (stop SGLT2i, test for ketones, maintain intake of fluid and carbohydrates, and use maintenance and supplemental insulin)
Amputation	ь	High	Encourage self-examination by patients or caregivers. Foot examination by health care provider at clinic visits. Temporarily hold SGLT2i wher having an open wound or infection of the foot
Bone fracture	ь	High	Caution in patients with risk of fall. Monitor PTH and vitamin D
GLP-1 RA		777	THE RESIDENCE OF THE PARTY OF T
Nausea/vomiting/diarrhea	ал	Low	Patient education on symptom recognition. Start at low dose and slowly uptitrate over 2-4 wk
Cholelithiasis and cholecystitis	ь	High	Patient education on recognition of symptoms
Acute pancreatitis	- d -	High	Caution in patients with history of pancreatitis

SGLT2i, sodium glucose co-transporter 2 inhibitor; GLP-1 RA, glucagon-like peptide 1 receptor agonist; UTI, urinary tract infection; DKA, diabetic ketoacidosis; PTH, para thyroid hormone.

dReported in small clinical trials or case series.



<sup>\*</sup>Commonly reported in multiple, large clinical trials.

Increased risk reported in a single, large clinical trial.

Increased risk reported in meta-analysis of clinical trials.

# PROGRESSION OF POLYCYSTIC DISEASE Current/recent trials

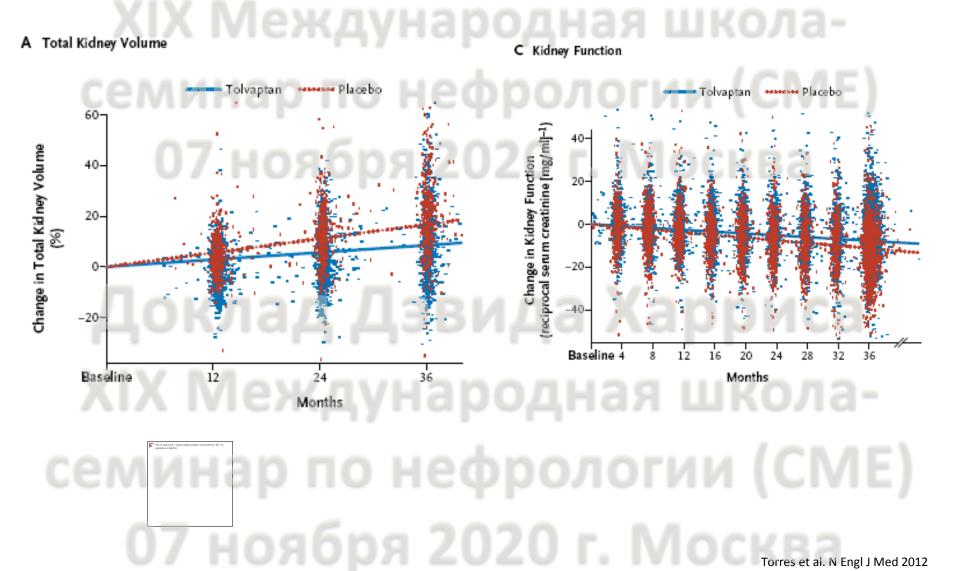
mTOR inhibitors (sirolimus, everolimus) somatostatin analogues (octreotide) V2 antagonists (tolvaptan)

Доклад Дэвида Харриса (statins) (ACEi & ARBs)

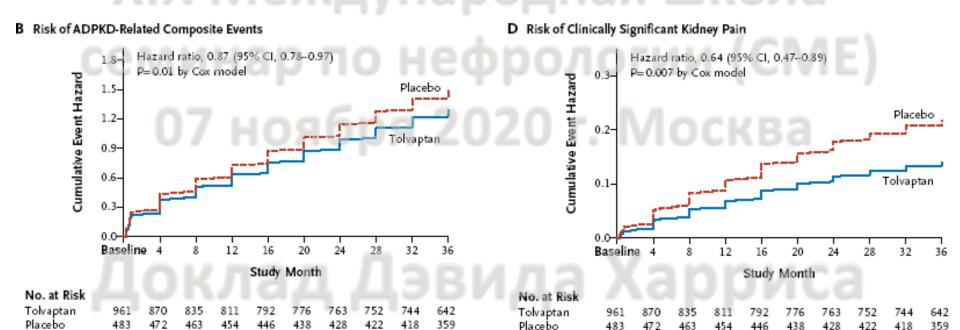
07 ноября 2020 г. Москва

нар по нефрологии (СМЕ)

# Vasopressin receptor antagonist (tolvaptan) attenuates early-stage ADPKD



# Vasopressin receptor antagonist (tolvaptan) attenuates early-stage human ADPKD (Vicente Torres and TEMPO investigators)



ября 2020 г. Москва

# Somatostatin reduces TLV, not eGFR or TKV

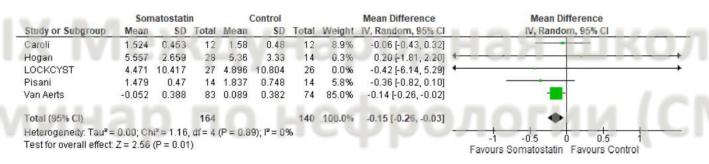
# **A** eGFR КЛад Давида Харриса

	Somatos	statin Anal	ogue	- 0	Control			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year	IV, Random, 95% CI
Ruggenenti	54	23.6	12	57.7	25.7	12	1.4%	-3.70 [-23.44, 16.04]	2005	
Hogan	64.6	25.66	21	65.7	26.4	9	1.3%	-1.10 [-21.54, 19.34]	2010	A
ALADIN	76.33	27.96	36	64.64	36.25	- 31	2.1%	11.69 [-4.00, 27.38]	2013	au 1 <del>1114111</del> 1
DIPAK-1	42.6	12.8	146	43.2	13.7	144	56.6%	-0.60 [-3.65, 2.45]	2018	
ALADIN 2	19.6	6.3	35	19.9	9.2	35	38.6%	-0.30 [-3.99, 3.39]	2019	+
Total (95% CI)			250			231	100.0%	-0.27 [-2.57, 2.03]		+ /
Heterogeneity: Tau <sup>2</sup> = Test for overall effect:		10000	4 (P = 0	.66); [==	0%				JĪ	-20 -10 0 10 20 Favours Control Favours Somatostatin

#### **B** TKV

	Son	atostat	in	(	Control			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	Year	IV, Random, 95% CI
Ruggenenti	2.622	1.111	12	2.623	1.021	12	9.9%	-0.00 [-0.85, 0.85]	2005	-
LOCKCYST	0.983	1.173	12	1.17	2.66	20	4.7%	-0.19 [-1.53, 1.15]	2009	
Hogan	1.128	0.796	21	0.873	0.306	8	23.8%	0.25 [-0.15, 0.66]	2010	<del>  •</del>
ALADIN	1.672	1.195	35	2.621	1.603	35	14.1%	-0.95 [-1.61, -0.29]	2013	
DIPAK-1	0.118	0.227	134	0.272	0.265	138	39.2%	-0.15 [-0.21, -0.10]	2018	•
ALADIN 2	3.043	2.32	35	3.613	1.69	35	8.3%	-0.57 [-1.52, 0.38]	2019	*
Total (95% CI)			249			248	100.0%	-0.19 [-0.50, 0.12]		
Heterogeneity: Tau² =	0.06; C	hi² = 10.	39, df=	5 (P=	0.07); P	= 52%			-	1 1 1 1
Test for overall effect				***************************************	Com amon fidenin					-1 -0.5 0 0.5 1 Favours Somatostatin Favours Control

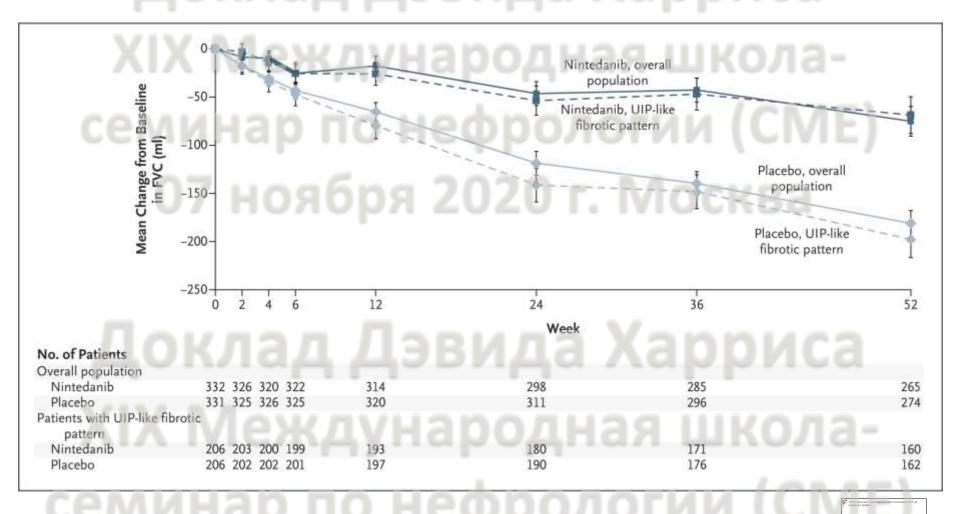
#### C TLV



	Therapeutic ap	pproaches to CKD treatment
1. Current therapies	Non-CKD-type specific  CKD-type specific	i. RAS blockade (ACEi and ARBs)  ii. DKD: SGLT2 inhibition (plus RAS blockade)  iii. PKD: vasopressin V2 receptor antagonism (tolvaptan) (plus RAS blockade)  iii. Fabry disease: enzyme misfolding correction (migalastat); enzyme replacement (agalsidase) (+ RAS blockade)  iv. aHUS: C5 complement factor inhibition (eculizumab)
2. Emerging therapies	Clinical trials	i. DKD: anti-inflammatory drugs; expanded RAS blockade; antidiabetic drugs ii. GN: drugs targeting B and plasma cells and the complement system; conventional immunosuppression; antiinflammatory drugs iii. PKD: glucosyltransferase inhibition (venglustat); Keap1-Nrf2 activation (bardoxolone) iv. Fabry disease: glucosyltransferase inhibition (venglustat); gene therapy v. aHUS: Complement factor inhibition  i. Senolytics: dasatinib, quercetin, ABT-263, p53 targeting
Поил	Preclinical studies	ii. Klotho preservation (Nrlp6, NF-κB, TWEAK, TNFα, ferroptosis; pentoxyfillyne)  iii. Microbiota targeting: prevention of toxin gut absorption; dietary strategies based on prebiotics and/or probiotics intake
	Cell or animal CKD models	Nonspecific or disease specific: 3D cultures; bioengineered 3D kidneys; simpler vertebrate models (zebrafish); conditional renal switch on/off murine models
3. New therapeutic	Non-biased identification of therapeutic targets	Experimental or human CKD systems biology and trans-omics
strategies	Drug repurposing	Pentoxifylline; phenytoin, Bardoxolone, CCX-140; baricitinib, atrasentan
cemnha	Nanomedicines	Polymer-therapeuties; immunoliposomes
	RNA targeting	Antisense oligonucleotides (ASO); RNA-mediated interference (RNAi/miRNA)

Ramos AM. Expert Opinion Drug Discovery 2020;15:101–115

# Nintedanib for interstitial lung disease



IC inhibitor of tyrosine kinases

# Some novel therapies in human CKD

Доклад Дэвида Харриса

ологии (СМЕ)

Pirfenidone: study withdrawn

Nox1/4 inhibitor – negative trial

Anti-CTGF antibodies FG3019: studies terminated

SSAO/ VAP1 inhibitors: phase 1 clinical trial concluded, not reported

**Curcumin** – phase 3 trial completed, not reported

Tranilast and analogues FT011: in phase 1b clinical trial

Alpha-lipolic acid: recruiting

Tie2 Rec activator - angiopoietin receptor, tyrosine kinase inhibitor: in

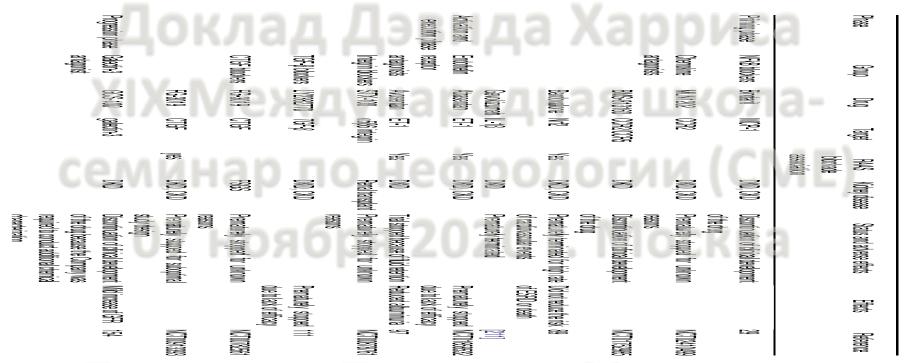
development

JAK-STAT inhibitors: in development

LOX inhibitors: in development

Anti TGF-β Ab (LY2382770) – negative trial

### Novel anti-fibrotic drugs tested in clinical trials, prematurely interrupted



### **ACTIVATORS INHIBITORS**

Nrf2

NFκB

chemokines

IL-1β

endothelin receptor

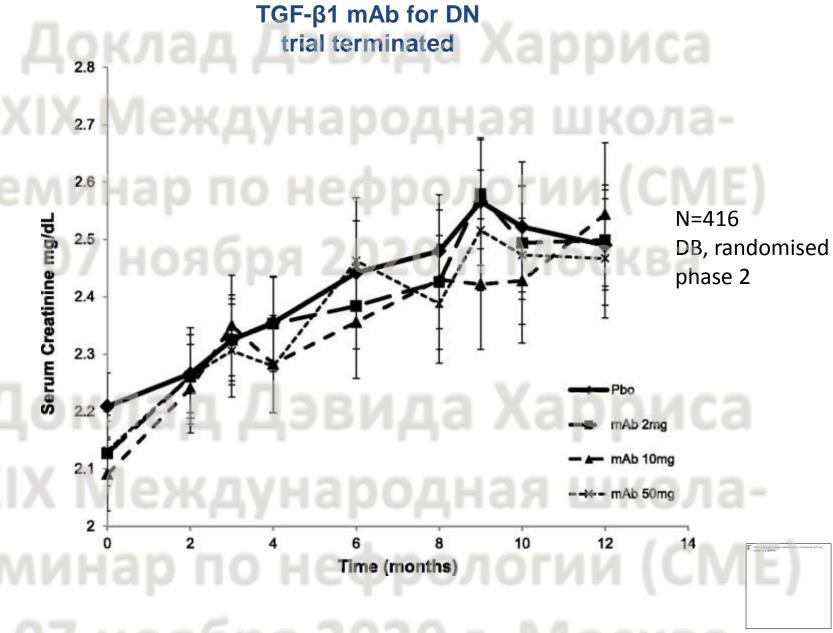
integrin

TGF-β

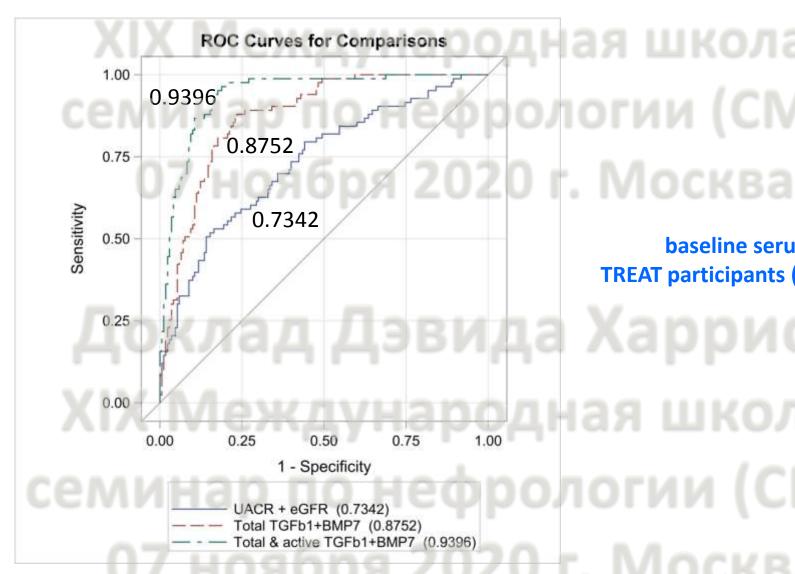
CTGF

galectin-3

Allinovi M et al. Matrix Biol 2018

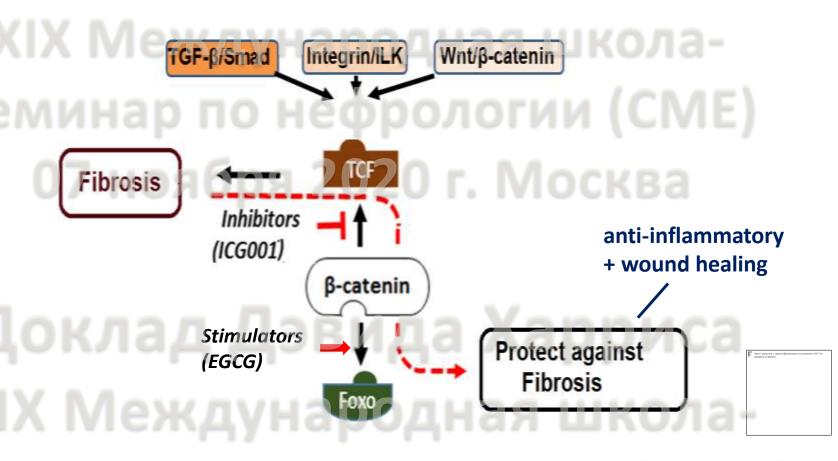


# BMP7 and TGF\u00ed1 are better predictors of major renal endpoints than eGFR+UACR



baseline serum TREAT participants (n=1000)

# TGF-β causes tissue fibrosis through three major Signaling Pathways



Hypothesis:  $\beta$ -catenin/Foxo is the key target to dissociate profibrotic from anti-inflammatory and wound-healing effects of TGF- $\beta$ 

# Therapeutic targeting $\beta$ -catenin/Foxo by inhibition of $\beta$ -

инар по нефрологии (СМЕ)

fibrosis (kidney, lung, liver)

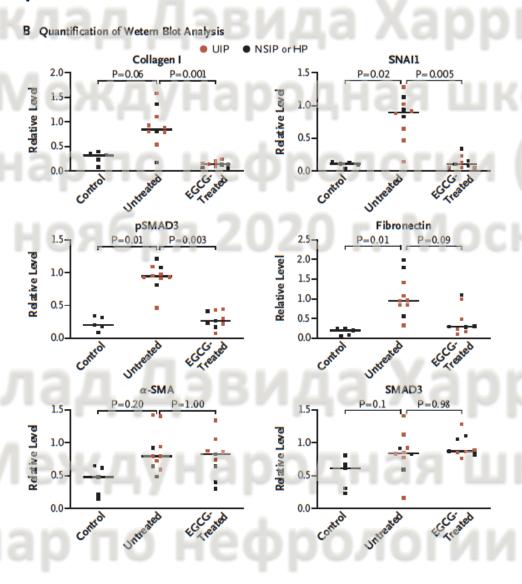
infiltration of lymphocytes & macrophages, (Treg-dependent)

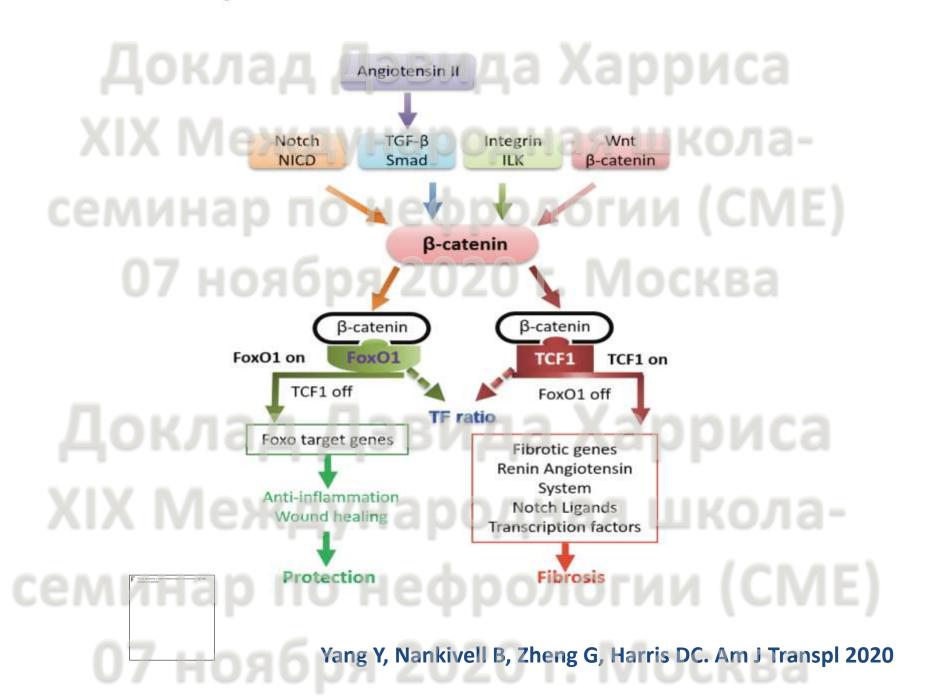
07 ноября 2020 г. Москва

# increases

F четь пиром с центификатири птовання ridh на non-fibrotic wound healing семинар по нефрологии (СМЕ)

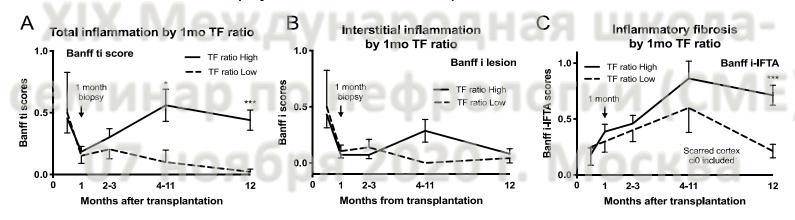
### Reversal of TGFβ1-Driven Profibrotic State in Patients with Pulmonary Fibrosis



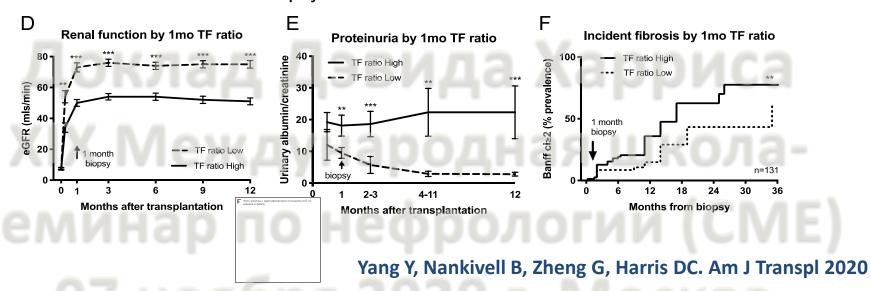


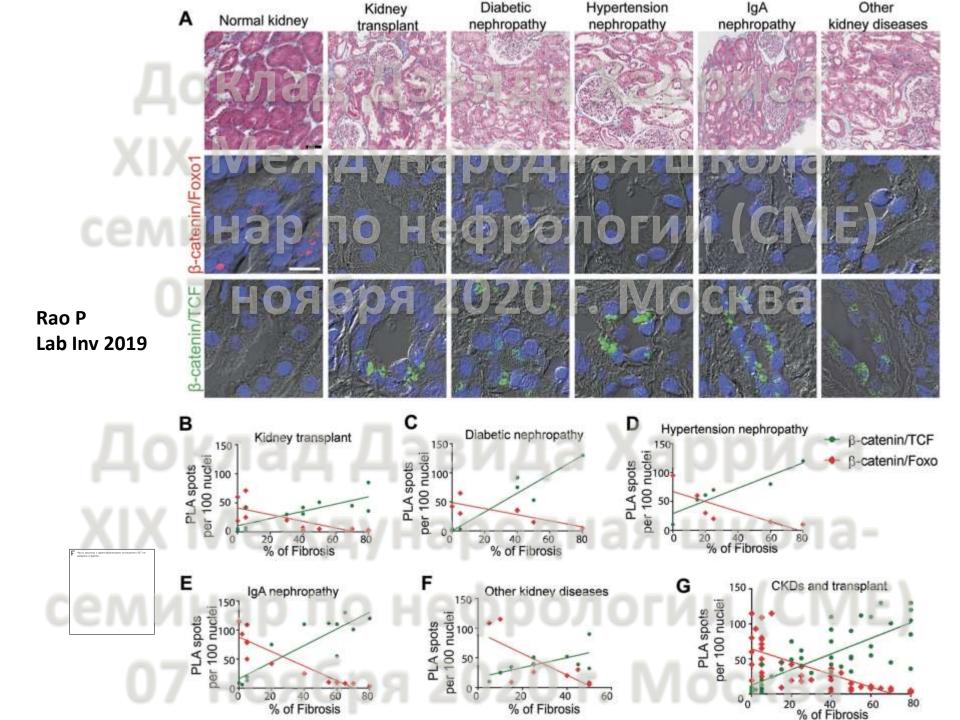
#### 1-month biopsy TF ratio and subsequent cortical inflammation

оклад Дэвида Харриса



1-month biopsy TF ratio and later clinical outcomes





# NOVEL METHODS FOR DETECTING FIBROSIS & PREDICTING PROGRESSION

MR elastography<sup>1</sup>

Convolutional neural network<sup>2</sup>

Quantum Cascade Laser (QCL)-based infrared spectroscopic (IR) imaging<sup>3</sup>

Anti-collagen1-conjugated gold nanoparticles<sup>4</sup>

Functional MRI5

Fluorescence lifetime imaging (FLIM)<sup>6</sup>

XIX Международная школа-

- 1. Morrell GR. JASN 2017;28:2564. Kirpalani A. CJASN 2017;12:1671. Sun Q. Sci Transl Med 2019: 11
- 2. Kolachalama VB. KI Reports 2018;3:464-75
- 3. Varma VK. Scientific Reports 2018;8:686
- 4. Zhu XY. Invest Radiol 2018;53:623-8
- 5. Wang W. CJASN 2019;14:1372. Feng Y-Z Br J Radiol 2020
- 6. Ranjit S. Kid Int 2020



# Multiparametric magnetic resonance imaging shows promising results to assess renal transplant dysfunction with fibrosis.

Stable function allografts

Chronic dysfunction allografts

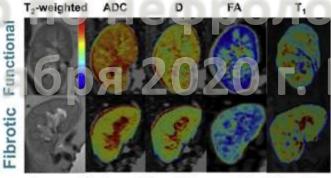
12 patients

15 patients

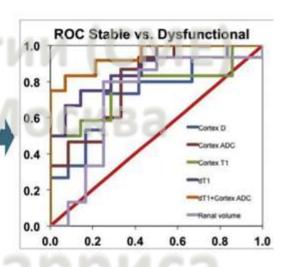
2 indication biopsies

15 biopsies confirming fibrosis

#### Multiparametric MRI



Apparent diffusion coefficient ADC range: 0-3 x 10<sup>-3</sup> mm<sup>2</sup>/s True diffusion coefficient D range: 0-3 x 10<sup>-3</sup> mm<sup>2</sup>/s Fractional anisotropy FA range: 0-1 Longitudinal relaxation time T, range: 0-2500 ms



### CONCLUSION:

The combination of cortical apparent diffusion coefficient (ADC) and longitudinal relaxation time (T<sub>1</sub>) measurements show promising results for the non-invasive assessment of chronic renal allograft dysfunction with fibrosis.



Bane et al., 2019

OFFICIAL JOURNAL OF THE INTERNATIONAL SOCIETY OF NEPHROLOG

Cortical T1 → Banff IFTA

Cortical T1 & ADC → chronic dysfunction + fibrosis + GFR decline at 18 months

The second considerance includes the selection of the selection of power.

### TARGETING INFLAMMATION

Доклад Дэвида Харриса

# DNA VACCINATION

chemokines/receptors: CCL2, CCL5, CX3CR1

costimulatory molecules: CD40

# INHIBITING EFFECTOR CELLS

### **REGULATORY CELLS**

(mesenchymal stem cells)
protective macrophages: M2a, M2c, Mreg
tolerogenic dendritic cells
regulatory lymphocytes
regulatory innate lymphoid cells: ILC2, ILCreg

инар по нефрологии

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CAR & CSSR

# **Factors affecting efficacy**

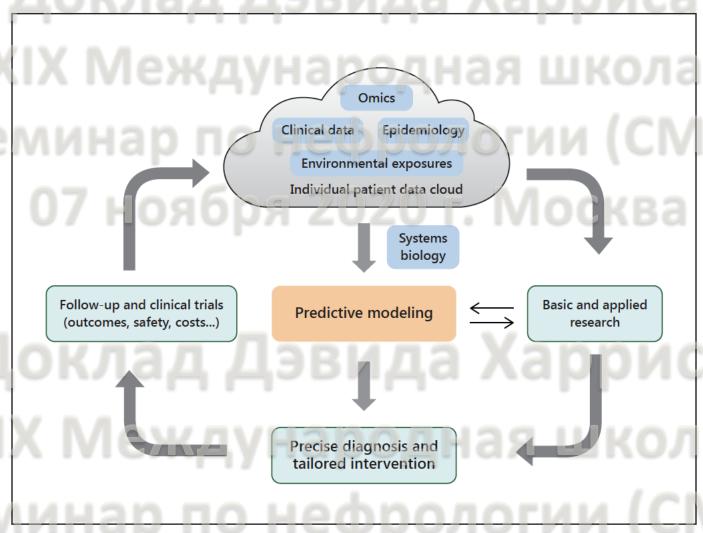
cell type (MSC, mac, DCs, Treg)
autologous vs allogeneic (donor vs 3<sup>rd</sup> party)
origin (blood, marrow, cord, liver, adipose, peritoneum)
preparation (trophic factors etc)
modification (genetic, cytokine, antigen-pulse)
number
route
timing

sequestration elimination proliferation phenotype drift/switch immune response

# Potential adverse events

transient pro-inflammatory effects
auto- & allo-immunity
oncogenicity
maldifferentiation (teratoma)
opportunistic infection
(myocardial) microcalcification
(pulmonary) fibrosis

# **Precision Medicine & CKD**



# Renal fibrosis & -omics

Field	Positive correlation	Negative correlation
Genomics	IL-18 (+137 GG, –607CC); TGF-β <sub>1</sub> (–509 TT); AS (int 2 CC); UMOD (rs12917707; rs12446492); ELMO1 gene; Nox2 gene	TGF-β <sub>1</sub> (+869 TT); UMOD (rs133333226, rs12917707); Sirt1 gene
Epigenomics	DNA methylation (e.g., Klotho promoter); histone modifications (e.g., profibrotic and ER stress-related genes)	apelin-13, KLF4
Transcriptomics	miR-192, miR-29, miR-21, miR-150, mRNA (e.g., APE1, AT1R, CXCR4, THBS1, TRIB1)	miR-93, miR-217, miR-200a, miR-26a, mRNA (e.g., BMP7, CD2AP)
Proteomics	TGF-β <sub>1</sub> , α-SMA, NGAL, KIM-1, CD147, CXCL1, annexin A1, HE4, NGAL, MBL, MMP-7, MMP-9, CTGF, uVDBP, periostin, CKD273 peptides	HO-1, E-cadherin
Metabolomics	cystatin C, lipids (e.g., ectopic, oxidized), glycolysis, acetoacetate, phosphorylcholine/choline, H-1 NMR-based metabonomics	pyruvate, glycine, L-carnitine

семинар по нефрологии (у) (ЛЕ)

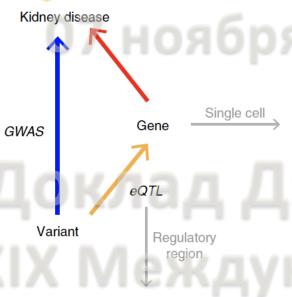
# Renal compartment-specific genetic variation analyses to identify new CKD pathways

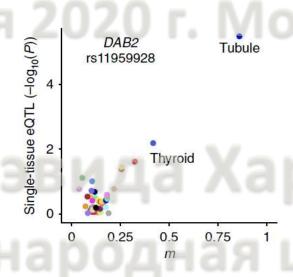
#### CKD GWAS

+ human glomerular & tubular (eQTL) atlas +single-cell RNA sequencing & regulatory region maps + proximal tubule endolysosomal enrichment









reduce tubular DAB2

→ protect from murine CKD

# ISN Programs in Russia since 2015

XIX Международная школа-



#### **Continuing Medical Education**

- 13 meetings organized in Russia.
- Main training topics: CKD, General Nephrology, Glomerular Diseases.



### **Educational Ambassadors**

- 4 Educational Ambassadors visits to Russia.
- Main training topics: AKI, CKD, Clinical Nephrology.

#### **Sister Centers (SRC/STC)**

2 graduated pairs:



- SRC Russia-Russia (graduated in 2018), between Irkutsk Regional Clinical Hospital and Moscow Clinical City Hospital.
- SRC Russia-Finland (graduated in 2020), between National Medical Research Center for Children's Health and University of Helsinki.

(Междунаро



#### **Sister Centers (SRC/STC)**

2 active links:

- SRC Russia-Belgium (Level A), between Pirogov Russian National Research Medical University and University Hospitals Leuven.
- SRC Uzbekistan-Russia-Finland (Level C), between Tashkent Pediatric Medical Institute, National Medical Research Center for Children's Health and University of Helsinki.



# Доклад Дэвида Харриса

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