Improving the outcome of AKI across the world

John Feehally





SN

ISN Mission:

Advancing the diagnosis, treatment and prevention of kidney diseases

in the developing and developed world



UK National Confidential Enquiry into Patient Outcome & Death



Adding Insult to Injury

A review of the deaths of 675 AKI cases in major UK hospitals over 3 months in 2007



Key findings



- Only 50% of AKI care considered good
- Poor assessment of risk factors
- Unacceptable delay in recognition of AKI in 43%
- 22 patients (3%) died with a primary diagnosis of post-admission AKI which was predictable and avoidable
- Complications: missed (13%), avoidable (17%) or badly managed (22%)



Conclusion



- Systematic failings in AKI care
- Failures in:
 - Recognition and management of AKI
 - Recognition and management of complications
 - Referral and support
- Failures in recognition of the acutely ill





Sepsis
Critical care
Vascular disease

AKI

Sepsis
Critical care
Vascular disease

AKI

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV

Sepsis
Critical care
Vascular disease



Communicable Disease

Malaria Leptosporosis Diarrhoea HIV

'Environmental toxicity'





RENAL DISASTER RELIEF TASK FORCE

















Sepsis
Critical care
Vascular disease

AKI

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV

'Environmental toxicity'















Department of Nephrology, Yangon General Hospital

WARD ADMISSIONS	2013
AKI (SNAKE BITE)	200
AKI (Other)	132
CKD	585
Acute-on-CKD	21
Nephrotic syndrome	170
Post-strep GN	28
Lupus	96

Sepsis
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Malaria Leptosporosis Diarrhoea HIV 'Environmental toxicity'

Natural disaster

Snake Bite

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Sepsis
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AKI

- Clean water
- Malaria control
- HIV control
- Immunisations

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV 'Environmental toxicity'

Natural disaster

Snake Bite





Sepsis
Critical care
Vascular disease

- Clean water
- Malaria control
- HIV control
- Immunisations

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV **AKI**

- Building quality
- Access to antivenom

'Environmental toxicity'

Natural disaster

Snake Bite

Sepsis
Critical care
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- Clean water
- Malaria control
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Communicable Disease

Malaria Leptosporosis Diarrhoea HIV **AKI**

- Building quality
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'Environmental toxicity'

Natural disaster

Snake Bite

Maternity care

TREATMENT OF AKI IN LOW RESOURCE SETTINGS

Sepsis
Critical care
Vascular disease

AKI

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV 'Environmental toxicity'

Natural disaster

Snake Bite

TREATMENT OF AKI IN LOW RESOURCE SETTINGS

Treatment including acute PD

- saves young lives
- is cost effective
- gives major health gain

AKI

Communicable Disease

Malaria Leptosporosis Diarrhoea HIV 'Environmental toxicity'

Natural disaster

Snake Bite

Saving Young Lives in Africa and South East Asia (SYL)









Treating Acute Kidney Injury

.... in very low resource settings

Treating Severe AKI

.... with acute peritoneal dialysis

.... where there was no dialysis

Treating Severe AKI

.... with acute peritoneal dialysis

PD is the only dialysis modality that makes sense in very low resource settings

Treating Severe AKI

.... with acute peritoneal dialysis

Of course dialysis is only one element inprevention, identification, and management of AKI

OBJECTIONS TO ACUTE PD PROGRAMS

.... voiced by those who have never worked in a very low resource setting

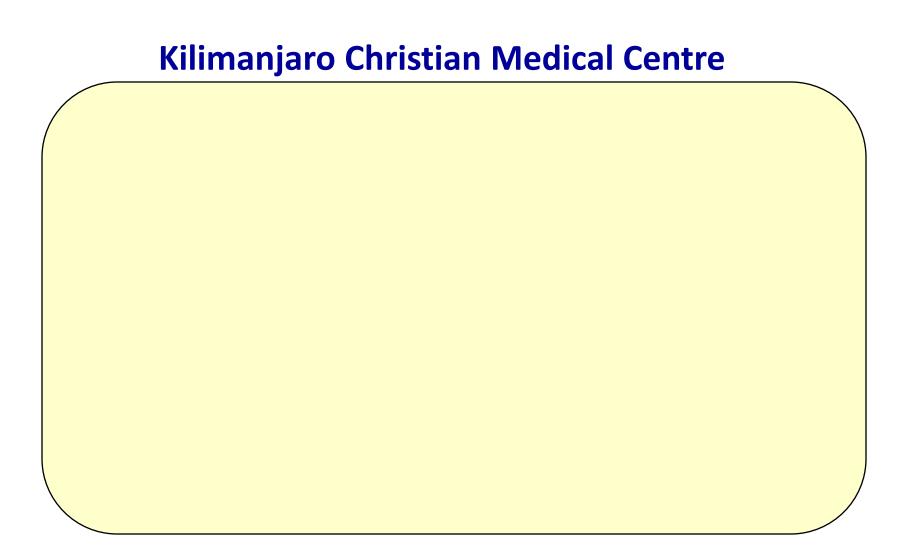
'PD is a second rate treatment'

'It is unaffordable - we should focus in prevention'

'Suppose we do acute PD and the kidneys do not get better'

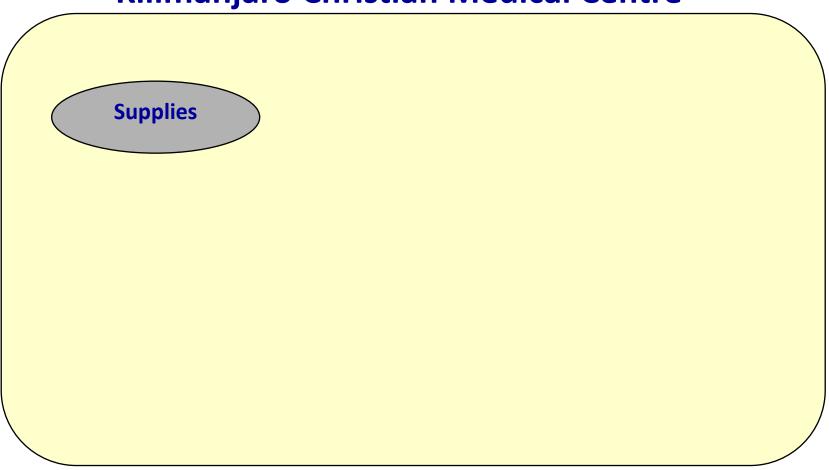
'Suppose we do acute PD and the kidneys only partly recover'

Acute PD in Moshi, Tanzania



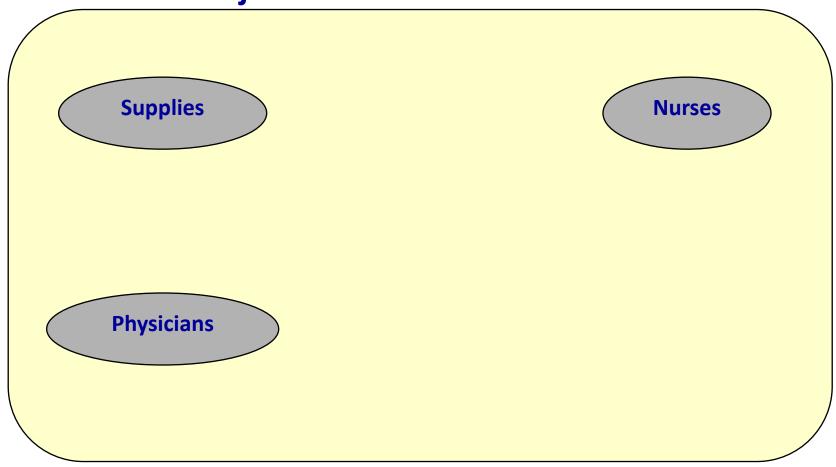
Acute PD in Moshi, Tanzania

Kilimanjaro Christian Medical Centre



Acute PD in Moshi, Tanzania

Kilimanjaro Christian Medical Centre



African Practical Skills Workshop Red Cross Hospital, Cape Town, South Africa

Mignon McCulloch Alp Numanoglu



In 2012 & 2013
SYL has funded
~30 physicians & nurses
to attend the course





ISPD Guideline: Peritoneal Dialysis for Acute Kidney Injury

Cullis B et al. PD International & Kidney International 2014; 34: 494

Adult & Paediatric Guidelines

Global applicability – Optimal and Minimum Standards

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ISPD Guideline: Peritoneal Dialysis for Acute Kidney Injury

Cullis B et al. PD International & Kidney International 2014; 34: 494

TECHNIQUES

- Catheter insertion Tenchkoff catheter inserted by a surgeon [1B] (Optimal).
- Cook or Tenchkoff catheter inserted at the bedside by a Seldinger technique[1B]
 - Improvised catheters if nothing else is available (Minimum standard)

ISPD Guideline: Peritoneal Dialysis for Acute Kidney Injury

Cullis B et al. PD International & Kidney International 2014; 34: 494

PD FLUIDS

Commercially prepared solutions should be used [1C] (Optimal)

However where resources do not permit this, then locally prepared fluids may be lifesaving [2D]

There is a high potential risk of contamination when preparing fluid and every effort should be made for this to be performed by pharmacists in a sterile environment not at the bedside. [1D]

(Minimum Standard)

ISPD Guideline: Peritoneal Dialysis for Acute Kidney Injury

Cullis B et al. PD International & Kidney International 2014; 34: 494

EXAMPLES OF LOCALLY PREPARED PD FLUIDS

1 L Ringer Lactate + 30mL 50% Dextrose

Na 127mmol/L, Lactate 27 mmol/L, Ca 1.36 mmol/L, K 3.8 mmol/L, Glucose 1.45%, Osmo 342

Fluid similar to lactate-based commercial PD solutions

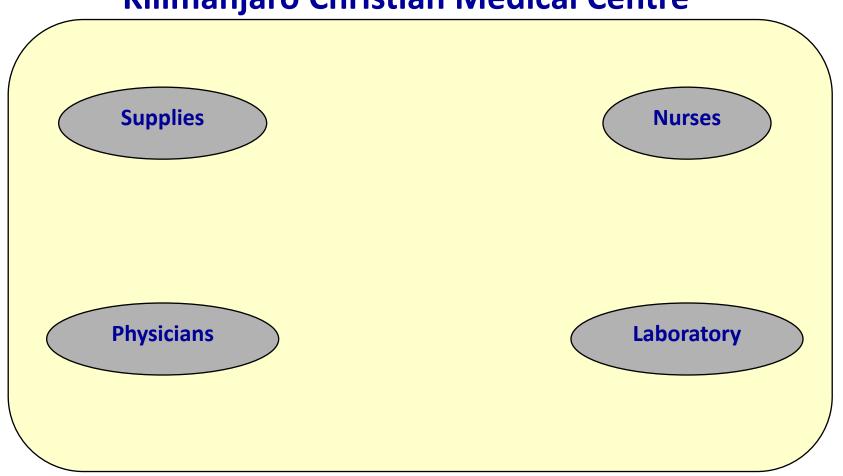
1 L Plasmalyte + 30mL 50% Dextrose

Na 126mmol/L, HCO3 27 mmol/L, Mg 1.45 mmol/L, K 3.8 mmol/L, Glucose 1.45%, Osmo 346

Fluid very similar to bicarbonate-containing commercial PD solutions

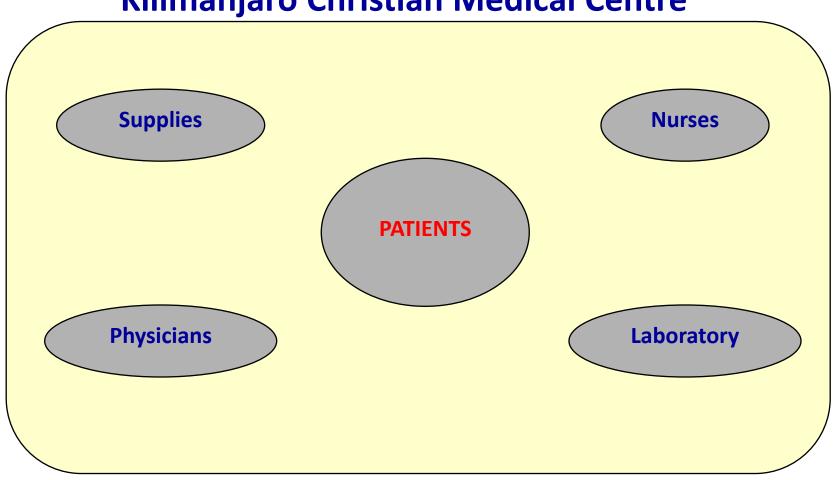
Acute PD in Moshi, Tanzania

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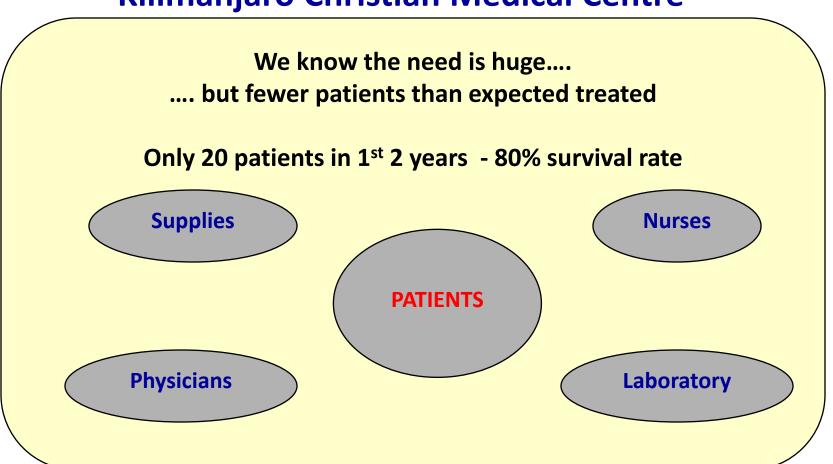
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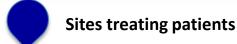
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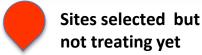
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'Saving Young Lives' Sites

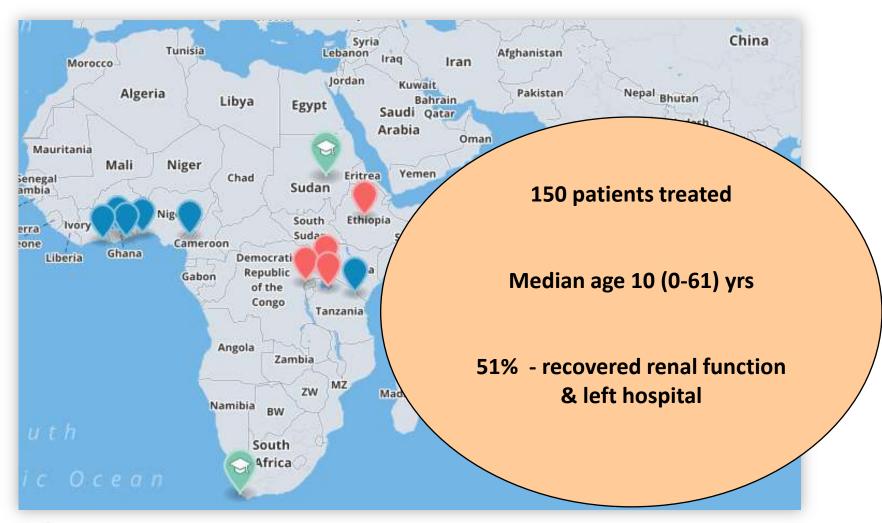


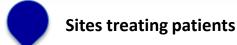


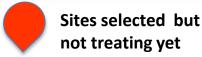




'Saving Young Lives' Sites









Saving Young Lives in Africa and South East Asia (SYL)

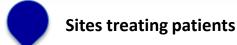
Of course

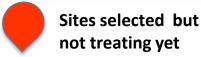
The need - the solutions

... not unique to Africa or South East Asia

'Saving Young Lives' Sites









SAVING YOUNG LIVES

CHALLENGES

Understanding healthcare process inside & outside hospital

Understanding cultural issues which delay change

Understanding what resources are available

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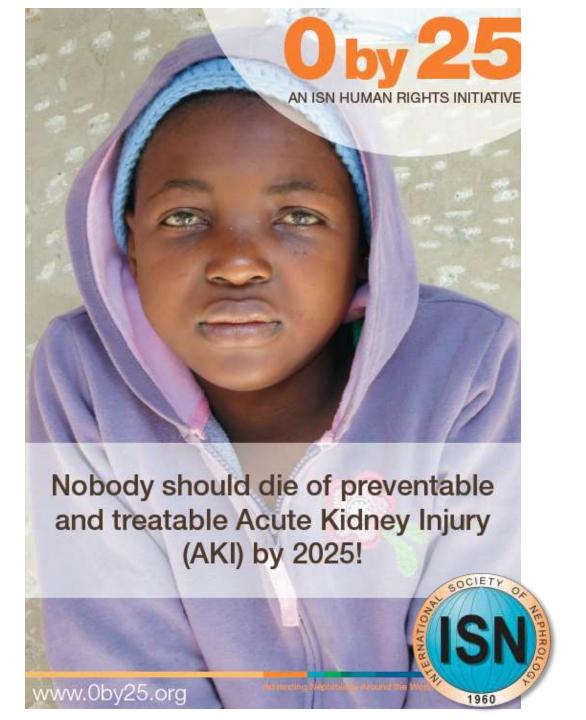
SAVING YOUNG LIVES

CHALLENGES

Understanding healthcare process inside & outside hospital

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EVIDENCE

AWARENESS

INTERVENTION





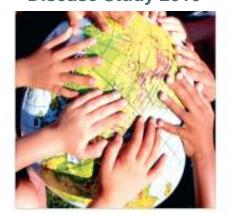
1. Collate existing knowledge of the epidemiology of AKI

Analysis by IHME, Seattle, USA

THE LANCET

December 15, 2012 – January 4, 2013 www.thelancet.com

The Global Burden of Disease Study 2010



ISN - partner

... did not include AKI





2. Generate new data about global AKI

GLOBAL SNAPSHOT 2014

324 physicians from 72 countries

Cross-sectional data on adults & children with AKI under their care

Data on risk, etiological factors and management

Outcomes at 7 days



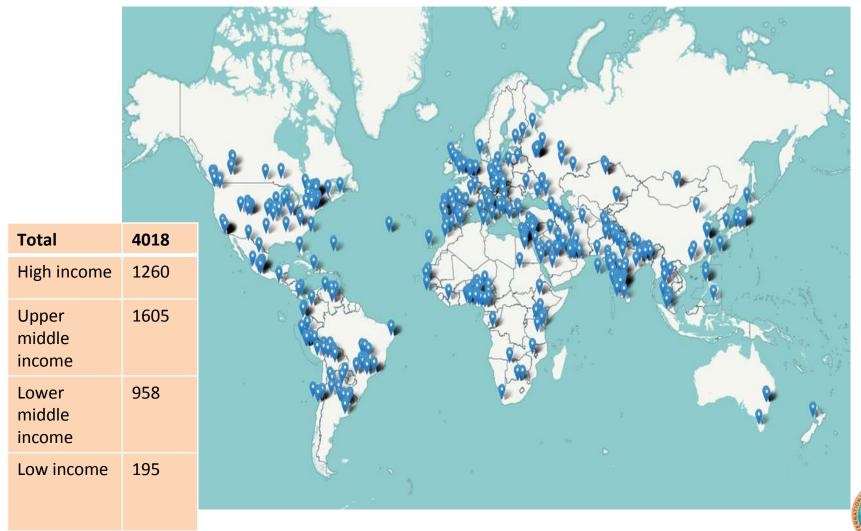


LOCATION OF PHYSICIANS CONTRIBUTING TO AKI GLOBAL SNAPSHOT 2014





LOCATION OF PHYSICIANS CONTRIBUTING TO AKI GLOBAL SNAPSHOT 2014





Increase our knowledge about global AKI





Increase our knowledge about global AKI

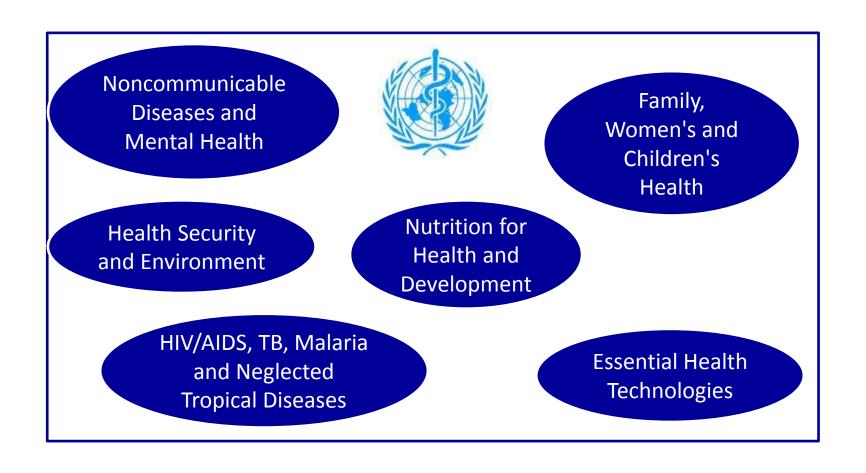
Increase awareness of AKI





Positioning kidney disease at WHO

ACUTE KIDNEY INJURY



Government Approaches to Health Issues

Some generalisations

Governments are concerned about common problems

Governments are concerned about high cost problems fear of kidney disease

Governments want hard epidemiological data ... in their own population

Governments want evidence of success ... in their own population

Governments want hard financial data ... in their own population

ADVOCACY with LMIC GOVERNMENTS

The word 'dialysis' provokes anxiety

They fear chronic dialysis

A DIFFERENT PARADIGM

AKI as an acute reversible illness

Analogy with malaria or pneumonia

Treatment is affordable



Increase our knowledge about global AKI

Increase awareness of AKI

Develop globally applicable interventions for AKI

Prompt detection of reversible AKI

Access to therapy including dialysis

Education and training for healthcare workers





Develop globally applicable interventions for AKI

RISK

RECOGNITION

5Rs

RESPONSE

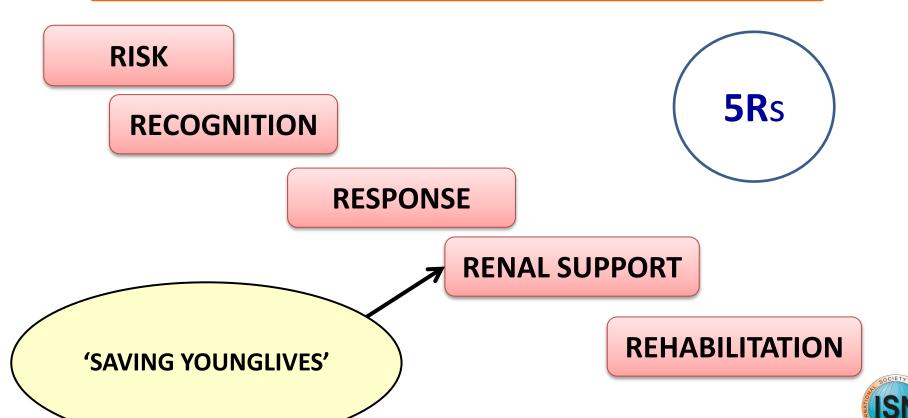
RENAL SUPPORT

REHABILITATION





Develop globally applicable interventions for AKI





Develop globally applicable interventions for AKI

RISK

RECOGNITION

RESPONSE

Non-physician health workers

HEALTH CENTRES

DISTRICT HOSPITALS

REFERRAL HOSPITALS - Dialysis

VERY LOW RESOURCE SETTINGS

RENAL SUPPORT

REHABILITATION





Develop globally applicable interventions for AKI

RISK

RECOGNITION

RESPONSE

EDUCATION & TRAINING

CONSISTENT CARE PATHWAYS

POINT OF CARE TESTING

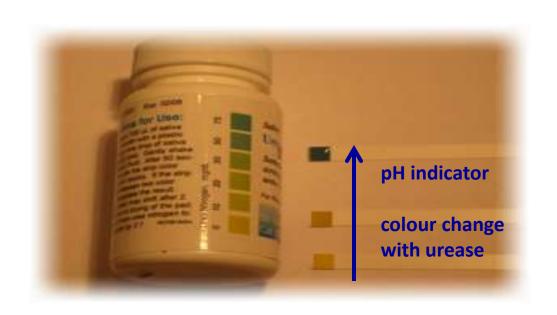
VERY LOW RESOURCE SETTINGS

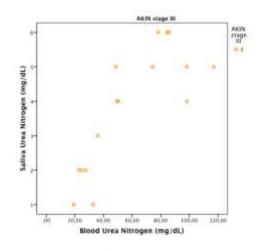
RENAL SUPPORT

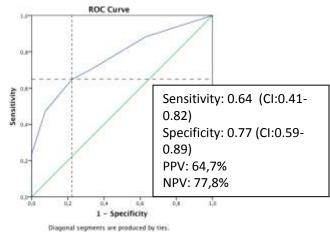
REHABILITATION



"Spit it out to check your kidneys" Saliva urea nitrogen dipstick as a new bedside diagnostic tool for Acute Kidney Injury













AKI AROUND THE WORLD

We are making progress.....

but there is still much to do



AKI AROUND THE WORLD

We are making progress.....

Obv25 HOME ABOUT- GET INVOLVED- LUISASTRANI LOGOL

0by25

Zero preventable deaths from AKI by 2025

